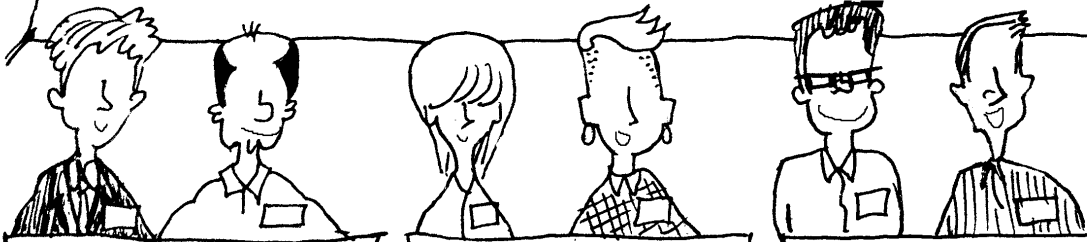


Manitouwadge Wellness Fair



Mental Health

Nutrition

Physical Activity

The **Santé Manitouwadge Health—Family Health Team**, in partnership with the **Township of Manitouwadge & the Manitouwadge Library**, will be hosting a **Wellness Fair!** Everyone of all ages are invited to check out booths offering demonstrations on wellness for every area of your life. Take charge of your health with hands-on, interactive activities and demonstrations!

Thursday, September 12th, 2019 at
the Rec Centre
5:00 pm—8:00 pm



Township of Manitouwadge



**The Library will also be running a craft
for children from 6-8pm**