

Sunday, August 8th, 2010

Cardboard Boat Races
Held at the Lion's Beach
Register at 12:00 pm

1 or 2 Person Teams
Grade 1 - Grade 8 - \$5.00 Entry
Grade 9 - Adult - \$10.00 Entry
(All money will be given as prizes)

Allowed Materials

- Cardboard
- Duct tape (used on seams and paddle)
- String for sails
- Garbage bags for sails
- Paint, streamers and glitter for decoration

Rules and Regulations

1. Construction to be complete prior to registration
2. A paddle may be used if constructed from allowed materials.
3. Each participant must bring and wear a PFD at all times.
4. The rower must not be enclosed above the shoulders.
5. The rower must finish the timed trial in the boat to qualify.
6. No denim or shoes permitted while in the boat.
7. Prizes will be given to the 2 fastest boats to complete the race, as well as to the most creative boat.

Some suggestions:

- Decide on a design and sketch it
- Do the bottom of the boat first.
- Carefully cover any seam with duct tape.
- Bring a change of clothes, you will get WET!
- And most importantly, have FUN!!!!

1st Annual Sun Fest August 7th & August 8th



Presented by the Manitouwadge
Community Services Department
Contact Shawna at 826-3227 x. 237 or
shawna@manitouwadge.ca for inquiries

Saturday, August 7th, 2010

Community Picnic & Picnic Games

11:00 am—2:00 pm

Held at the Downtown Waterfront

Bring your family, pack a picnic lunch and blanket, enjoy friendship, laughter and games!

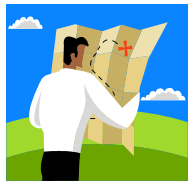


- Sideways crawl (3-5)
- Wheelbarrow Race (3-5)
- Egg and Spoon Race (3-5)
- Water Balloon Toss (3-5)
- Potato Sack Race (3-5)
- Three legged Race (3-5)
- Bean Bag Race (6-12)
- Tug of War (6-12)
- Wheelbarrow Race (6-12)
- Egg and Spoon Race (6-12)
- Water Balloon Toss (6-12)
- Potato Sack Race (6-12)

- Teen Minute to Win It
- Adult Minute to Win It

Enjoy challenges from the TV Show to earn the title of Teen Minute to Win It Champion!

Enjoy challenges from the TV show to earn the title of Adult Minute to Win It Champion!



Community Treasure Hunt

2:00 pm—4:00 pm

Starting at the Downtown Waterfront



Register at the Community Services table to take part in a treasure hunt filled with the History of our town! The first team to complete the Treasure Hunt will receive the Grand Prize! This is a great event for the young and the young at heart!

Saturday Continued

Community Water Games!

4:00 pm—6:00 pm

Held at the Downtown Waterfront

Bring your family, cool off with some water games and fill up with a BBQ!

- Water Balloon Capture the Flag
- Water Balloon Prisoners of War
- Free for all water balloon fight

Community Pool Games!

6:00 pm—8:00 pm

Held at the Oasis Pool

Dancing Under the Stars!

Age of Majority Dance!

9:00 pm—1:00 am

Held at the Golf Course



An outdoor dance under the stars!
Enjoy some fresh air, music and friends!

Music provided by a DJ!

This dance is licensed under the Manitouwadge Municipal Golf Course. Age of Majority is required!
ID will be requested!